

THE COVENANT REPORT

NEWSLETTER

To ignite healing and hope in those struggling with substance misuse by providing community-based treatment and recovery support for individuals and their families.

June 2024 • Issue 2 • Volume 4



DIRECTOR OF THERAPEUTIC COMMUNITY REMARKS

Dear Friends,

Remember to increase your physical and mental health this summer by taking time to enjoy the sun. Planning fun free activities can increase mood and overall wellness.

We don't stop playing because we grow old. We grow old because we stop playing. —George Bernard Shaw

Tamika S

Director of Therapeutic Community

FOR THE MOST UP-TO-DATE INFORMATION ABOUT EVENTS AND ALL THINGS COVENANT COMMUNITY, INC FOLLOW US ON SOCIAL MEDIA



COVENANT COMMUNITY, INC
623 SPRING STREET, NW
ATLANTA, GA 30308
404-267-4294
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RECOVERY RESOURCES OF ATLANTA: MIDTOWN
25 NORTH AVENUE NW,
ATLANTA, GA 30308
404-881-4665

PROVIDES RECOVERY SUPPORT SERVICES FOR THOSE EXPERIENCING A SUBSTANCE USE DISORDER (SUD), SEEKING RECOVERY FROM AN SUD, OR AT A HIGH RISK OF DEVELOPING AN SUD AND THEIR FAMILIES.

CELEBRATE MEN'S MENTAL HEALTH MONTH WITH TIPS FROM FAMILIES OF HOPE!

Support Starts at Home

4 tips that families can use to support men on their recovery journey!

1. Families are key in supporting recovery with patience and understanding.
2. Educate yourself on mental health to reduce stigma and communicate openly.
3. Promote self-care and set boundaries to maintain your well-being.
4. Join support groups or therapy for resources and community.



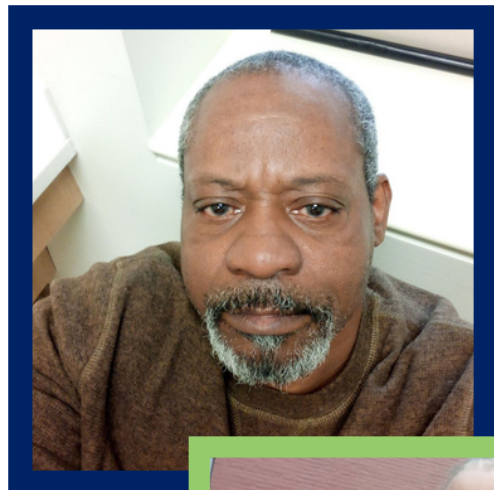
CARL M: A TESTAMENT TO RESILIENCE AND FAITH IN RECOVERY

Carl M has shown leadership and perseverance on his recovery journey. Recently Carl lost his son in a tragic car accident along with other life altering incidents such as his father falling ill and losing his job, yet Carl has not let the tragedies derail his recovery. He has continued to make his recovery a priority even when faced with heartbreaking events. He responds well to feedback and has continued to grow and learn about his recovery even when the things that are not as pleasant to hear. He is open and receptive to all clinical and psychiatric recommendations. He is a leader in the community here at Covenant.

Carl has kept his current sobriety since August 2023. Carl has been steadfast in his journey but most importantly his trust in GOD. Carl's true resilience comes from his faith and relationship with GOD. The Therapeutic Community would like to salute Carl Moore for his courage while rebuilding his life all while grieving the unforeseen and tragic death of his son.

Carl in the last month has started his own business and due to his excellent delivery service, his business received over two thousand dollars in donations (tools).

Carl, Covenant Community Inc supports you and we are very proud of you.



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NATIONAL PREVENTION WEEK 2024: A RECAP

On May 4, 2024, Covenant Community, Inc. hosted the "A Celebration of Possibility: Recovery & Wellness Summit" at All Saints' Episcopal Church in Atlanta, marking the start of National Prevention Week. The event featured insightful speeches, including remarks from Arjun Srinivasan, Board Chair, and Christine Carter Love, Executive Director, who shared a powerful message from Mayor Andre Dickens.



Special thanks to Emory Healthcare and Dr. Zanthia Wiley for their efforts in making the summit possible. Attendees engaged in panel discussions on early intervention, trauma-informed treatment, peer support, harm reduction, and family-based interventions, with insights from medical professionals, clinical experts, and community advocates. Jeff Breedlove from DBHDD provided a legislative update on substance use disorder efforts.



Community resource partners, including Emory Healthcare and Fulton County, offered on-site support and resources. The summit fostered collaboration and inspired participants to continue promoting recovery and wellness.



Covenant Community, Inc. thanks all participants, sponsors, and partners for their contributions to the summit's success. Together, we are making a difference in the lives of those affected by substance use disorders.



BIRTHDAYS

Robert D (6/6) Outreach Peer Specialist
Jarrod W (6/16) AmeriCorp VISTA



ANNOUNCEMENTS

Congratulations to Keishala J, Jeremy M Christopher R, and Tamika S for completing the CCAR Training.

Well done on this achievement!

DEBORAH BACOTE-TAYLOR: RCP CERTIFIED AND MOREHOUSE BOUND



We are thrilled to announce that on May 14th, Deborah Bacote-Taylor earned her CCAR Recovery Coach Professional (RCP) Certification. This achievement highlights her dedication to supporting others on their recovery journey. Just a day later, on May 15th, Deborah's commitment to her education and community was further recognized with her acceptance into the prestigious Morehouse School of Medicine. Congratulations, Deborah, on these remarkable accomplishments!



OUR PROGRAMS

