# THE COVENANT REPORT

THE INFORMATIVE NEWSLETTER FOR COVENANT COMMUNITY

COVENANT COMMUNITY IS A LIFE STABILIZATION PROGRAM FOR RECOVERING SUBSTANCE ABUSERS THAT DESIRE TO CHANGE TO A BETTER QUALITY OF LIFE AND RETURN TO SOCIETY AS PRODUCTIVE MEMBERS.

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The people who are crazy enough to think they can change the world are the ones who do. - Steve Jobs

## MARCH HOLIDAYS

MARCH 1ST :PEANUT BUTTER LOVERS' DAY

MARCH 3RD: I WANT YOU TO BE HAPPY DAY

MARCH 12TH:GIRL SCOUTS DAY

MARCH 17TH

MARCH 20TH

MARCH 23RD: NATIONAL CHIP + DIP DAY

MARCH 30TH: I AM IN CONTROL DAY

FOR THE MOST UP-TO-DATE INFORMATION ABOUT EVENTS AND ALL THINGS COVENANT COMMUNITY, INC FOLLOW US ON SOCIAL MEDIA

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## "FELLOWship FRIDAYS" AT THE RRAM

*The pictures shown above are from our RRAM's on-going "FELLOWship Friday" led by Richard Cook (pictured on the far left ) where over 20 individuals came out and participated .*

We are incredibly excited to introduce Recovery Resources of Atlanta Midtown's newest program, **FELLOWship. FELLOWship** is hosted by one of our Peer Specialists, Richard Cook, and offers social support, peer check-ins, wellness workshops and engaging conversation. **FELLOWship** will take place every Friday from 1 to 3 with extended workshops coming soon.

# Proud Sponsors, #ARAD2020

This year's Addiction Recovery Awareness Day, or ARAD, was nothing short of an amazing experience. The event included speakers, breakout sessions and collaborations from the numerous organizations advocating that recovery is treatable, preventable and possible! We are proud to be a part of something so great for the recovery community.

The pictures shown were taken at The Georgia Freight Depot where the event was hosted. Pictured is our Peer Specialist , Deborah Bacote- Taylor (left) and our Program SpeciList, Jake Roberts (right).

# COVENANT RESIDENT OF THE MONTH ROBERT

**How has CCI helped you with your recovery?**
I believe in myself thanks to CCI. I had a lot of fears before coming here, but now I'm not afraid to stand out and be a leader. This place has taught me discipline, patience, and motivation.

**What have you learned the most since being at Covenant?**
Recovery is everything. I can't afford to use anymore. Much is possible in my toolbox and I need to have a lot of tools in order to beat this recovery. This place taught me how to be a man, and I realized that while writing my insights everyday.

**What has been your fondest memory here at Covenant?**
During one of my first insight dinners, the board members allowed me to share my story, and it was then that I realized all of us have a differnt story, but we make up a litle family.

## FUN FACTS

**Favorite Food?**
Pineapple Cheescake

**Favorite Holiday?**
Valentine's Day

**Last show you binged watched?**
It's Always Sunny in Philedelphia

**Slogan you live by?**
"Failure is not an option."

**Best way to start your day?**
Listening to T.D. Jakes

**Favorite Song:**
"Love Calls" by Jill Scott

## From Our Clinical Director, Merceline Mutiso:

I would like to graciously share that Mr. Robert Walker is the Resident of the Month!!! After only being part of our community since December of 2019, he has stormed in with an identified slogan, "Failure is Not an Option." He has put 110% into day treatment assignments, programming forms, his whole health, BoMF, participating in helping staff with projects around the house, and really anything else that is asked of him. Like many residents that find themselves at CCI, Mr. Walker has his share of deep rooted challenges that have plagued him, but what makes him the resident of the month is his ambition and intense stride to achieve his identified goals. We are so honored to have him as part of our community!

## STAFF

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# NEW YEAR , NEW PARTNERSHIPS

Covenant Community is GROWING and so are our partnerships! Special thanks to the Municipal Court of Atlanta's Homeless Court Program (left) and the Center for Black Women's Wellness (right) for great meetings. We are looking forward to these collaborations and partnerships. Stay tuned.

# SEEING THE WORLD THROUGH SOBER EYES

During their time here at Covenant, our residents are able to enjoy numerous events such as attending live performances, sporting events, bowling, and skating...just to name a few.

Recently, a few residents attended the Atlanta Ballet and the NBA G League's Skyhawks game.

Tyrone explains how going to these events sober have helped him see life differently.

"The game was really nice. I played basketball and sports all of my life, but this time was different because I could enjoy myself without having to get high. Before coming here,I thought I had done everything, but this time around I'm doing everything I once did, but I'm sober this time.
Me going out sober is a good thing. Before I would go out places, and couldn't remember what I had experienced, but now I remember everything I participate in and it's a beautiful thing. Covenant really changed my life. It took me leaving New Orleans for me to see that there is so much more out there. I just wanted to shout out Mr. Johnathan for putting everything together."

# WELCOME TO THE TEAM!

Joanna Garcia

Last month, we welcomed two new members to the team. Joanna Garcia join's RRAM as a Program Coordinator/Specialist, and Makeba Moring joins as the Development Coordinator. Welcome to the team! We're excited to have you both.

Makeba Moring